



Lent 2012

January 31, 2012

Holy Family Catholic Church

Hesperia, CA

Ash Wednesday Mass and Liturgy Schedule

- 8:00 a.m. Mass and ashes
- 12:00 p.m. Liturgy and ashes
- 3:00 p.m. Liturgy and ashes
- 5:00 p.m. Liturgy and ashes
- 7:00 p.m. Mass and ashes

Lenten Soups Parish Hall

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| Friday, February 24 | 6:00 p.m. |
| Friday, March 2 | 6:00 p.m. |
| Friday, March 9 | 6:00 p.m. |
| Friday, March 16 | 6:00 p.m. |
| Friday, March 23 | 6:00 p.m. |
| Friday, March 30 | 6:00 p.m. |

February 22, 2012

Ash Wednesday derives its name from the practice of placing ashes on the foreheads of church congregants as a sign of repentance. The ashes are typically gathered after the Palm Crosses from the previous year's Palm Sunday have been burned. The ashes are sometimes mixed with holy water or oil and then anointed on the forehead in the sign of a cross as a sign of repentance.

At Masses and services of worship on this day, ashes are imposed on the foreheads of the faithful (or on the tonsure spots, in the case of some clergy). The priest, minister, or in some cases officiating layperson, marks the forehead of each participant with black ashes in the

shape of a cross, which the worshipper traditionally retains until it wears off. The act echoes the ancient Near Eastern tradition of throwing ashes over one's head to signify repentance before God (as related in the Bible).

In some of the low church traditions, other practices are sometimes added or substituted, as other ways of symbolizing the confession and penitence of the day. For example, in one common variation, small cards are distributed to the congregation on which people are invited to write a sin they wish to confess. These small cards are brought forth to the altar table where they are burned.

Ash Wednesday is typically observed by fasting, abstaining from meat and repentance. The day is also used for contemplating one's transgressions and sins. Roman Catholics between the ages of 18 and 59 are permitted to consume only one full meal, which may be supplemented by two smaller meals, which together should not equal a full meal on Ash Wednesday as a form of fasting.

Ash Wednesday is a serious observance in many different branches of Christianity, such as the Lutherans, Methodists, Presbyterians, and Anglicans.



Stations of the Cross

Stations of the Cross (or Way of the Cross; in Latin, Via Crucis; also called the Via Dolorosa or Way of Sorrows, or simply, The Way) refers to a series of artistic representations, very often sculptural, depicting Christ Carrying the Cross to his crucifixion in the final hours (or Passion) of Jesus, and to devotions commemorating the Passion that use the series, often mov-

ing physically around a set of stations. The vast majority of Roman Catholic churches now contain such a series, typically placed at intervals along the side walls of the nave; in most churches these are small plaques with reliefs or paintings, simpler than most of the examples shown here. The tradition as chapel devotion began with St. Francis of Assisi

Every Friday during Lent at 7:00 p.m.

and extended throughout the Roman Catholic Church in the medieval period. It is commonly observed in Lutheranism,^{[1][2]} but it is less often observed in Anglicanism. It may be done at any time, but is most commonly done during the Season of Lent, especially on Good Friday and on Friday evenings during Lent.

Wikipedia